Covid Policy

At Freedom Counselling, I am committed to the prevention of spreading infection and as such, I ask that clients take the following precautions:

* When attending face2face sessions, please use hand sanitiser wherever possible when in the building and wash hands thoroughly when using public toilets.
* If you have (or suspect you have) covid and have a face2face session booked, please contact me as soon as you are able and I will host your sessions online until the infection has passed.
* If face masks are reinstated as a safety precaution for the public, counsellors and clients must abide by this when meeting face2face.
* In the event of another national lockdown, all counselling sessions will be held online via Zoom.